



Cultural Do's & Don'ts

Before your trip, please take the time to learn about important cultural Do's & Don'ts for

Myanmar: <https://www.dosanddonsfortourists.com/>

Policy Against Exploitation of Children

- We do not have school visits or volunteering with children during our tours.
- We ask that if guests would like to help students in the village or at the monastery that donations be made to the head teacher or the head monk.
- Please take a moment to review the [7 tips for travellers by Child Safe](#)